

# Half-Sick

When your nerves are weak, when you are easily tired, when you feel all run down, then is the time you need a good strong tonic—Ayer's Sarsaparilla. Your doctor will tell you why it has such power over weak nerves, why it makes the blood rich, and why it gives courage and strength. Ask him if it is not just the medicine you need.

**We have no secrets! We publish the formulas of all our medicines.**

Made by the J. C. Ayer Co., Lowell, Mass.  
Also Manufacturers of

AYER'S HAIR VIGOR—For the hair. AYER'S PILLS—For constipation.  
AYER'S CHERRY PECTORAL—For coughs. AYER'S AGUE CURE—For malaria and ague.

## STATE NEWS

Dr. L. L. Whitson is the newly-elected president of the Eugene Commercial Club.

The merchants of Washington state are soon to give an excursion through California, similar to the Tom Richardson excursion, recently made.

Thirteen inches of snow fell at Ashland Tuesday. Grants Pass reports 24 inches, the first snow they have had this year.

Joe Beilly, an old miner of Canyon Creek, near Korbey, shot and killed himself in Grants Pass last week. He was thought to be insane.

A local branch of the Boys' and Girls' Aid Society of Portland was organized at Eugene this week, with Mrs. Lowe president and Mrs. J. M. Williams secretary.

A band of 86 Greek laborers on the Southern Pacific, who are working on the new track at Eugene, have gone on a strike. They have a grievance against their foreman, and say they will not work unless a new man is put on.

**A Lively Tussle**  
With an old enemy of the race, Constipation, often ends in Appendicitis. To avoid all serious trouble with Stomach, Liver and Bowels, take Dr. King's New Life Pills. They perfectly regulate these organs without pain or discomfort. 25c at J. C. Perry's drug store, Salem, Oregon.

**A Mortal Blow.**  
Dewees—The operation was successful, but the patient couldn't survive the shock.

Mrs. Dorcas—Goodness! How careful to let a poor man in his condition get out what the operation cost.—Puck

**Doctors Are Puzzled.**

The remarkable recovery of Kenneth Miller of Vancouver, Me., is the subject of much interest to the medical fraternity and a wide circle of friends. In this case: "Owing to severe inflammation of the throat and congestion of the lungs, three doctors gave me up to die, when, as a last resort, I was induced to try Dr. King's New Life Pills, and I am happy to say I saved my life." Cures the worst coughs and colds, bronchitis, tonsillitis, weak lungs, hoarseness and la grippe. Guaranteed at J. C. Perry's drug store, Salem, Oregon. 50c and \$1.00 trial bottle free.

## Distilled Water, Distilled Water ABSOLUTELY PURE

In manufacturing our Hygeian Ice we use only DISTILLED water. This water is chemically pure. We always have a limited supply of the same on hand aside from that used for ice purposes and will gladly furnish the same in small quantities to the citizens of Salem. We make no charges for the water. However, those who desire it must call for the same, as we do not deliver. As the public undoubtedly knows, we manufacture and sell beer, a product equally as pure as our distilled water, which processes also food and health qualifications that are superior to any other liquid produced by the hands of mankind. However, we realize the absolute necessity of having a pure drinking water, especially now when typhoid and other fevers are creating such havoc, and upon the suggestion of several of the local physicians, we have decided to give away whatever of the distilled water we have on hand daily and which is not used in the manufacture of beer and ice. It goes without saying that we would sooner sell the people of Salem our beer, but in an emergency of this kind, we are pleased to give them distilled water. We only ask those who desire it to call for it.

**Salem Brewery Association**

## Smiles

When observing the day remember St. Patrick was a gentleman.

Who that has a drop of Erin's blood will not wear green on March 17?

Oklahoma Jones is only a farmer, but he is liable to go to the legislature.

If Smith and Geer had reserved their aspirations they might have done better.

Candidates for the legislature will be coming out in bunches of ten at a time soon.

This business of Old Man Winter sitting in the cap of Miss Spring is getting tiresome.

E. L. Smith, of Hood River, has caused a disturbance by appearing as a candidate for U. S. senator.

J. Pierpont Morgan called on the Pope, enabling the Pope to see a real live American trust promoter.

The way sheep are starved, and shot into and otherwise handled on the big ranges, humane people should quit eating mutton.

A new postoffice in Lincoln county is called Taft. If there is anything in a name it ought to be a big place, says an exchange.

Spring has come and is smiling its gladness back at the cordial welcome it has received. It is a little early according to the calendar.

Oh, yes. Portland will grant a franchise, when that town gets to realize that it can't get off the big offices in the state, unless it does.

The Dallas Chronicle: The senate has no boss, remarks the Waltham Evening Statesman. Perhaps not, but it needs one with a big stick.

Young Jimmie McCown, who lives on Crooked Finger creek, would stand for fire in the legislature, as he was on the firing line two years in the Philippines.

West Side Enterprise: What chance would such men as Judge Lowell and E. L. Smith have for the United States senate under the old legislative searchlight system?

A. N. Moores would make a business member of the legislature. Grafts would have a hard time getting through his fingers. But that class of business men will never be sent there.

Eugene Guard: Which is the better weapon, an ax or a bowie knife? Two Mexicans fought over a girl with those weapons at Visalia, California, Saturday, the knife man killing his opponent.

Pendleton paper has this take-off on a recent cold snap: According to positive information given the Tribune by at least a dozen of the oldest inhabitants, this is the first time it has happened since the hard winter of 1849.

With wool about the 20-cent mark for Eastern Oregon and 25 cents for valley, owners of sheep are not losing much sleep over finances. The price is not liable to drop, either, as the great sheep ranges all over the world are being eaten down closer and closer and circumscribed by agricultural use of the lands.

Here's the way we get around it in Western Oregon: Cold weather in the Willamette valley in March is an oddity. We are not used to it. Nor are we responsible for it. It just simply came over the mountains like a parasite. It is a small thing compared with the further storm on the other side, and after all there isn't much for us to kick about.

Dr. Abbott, dean of the Stanford law school, has a correct idea of the kind of a man a college should turn out. His definition of a college graduate is "an educated gentleman who would make a good citizen, and not simply a man who would go out into the world and by strenuous efforts and the bludgeon theory get ahead of his neighbors." That is in accord with Blackstone's definition that the law was a gentleman's education.

An exchange says: Old Oregon has been shaken up and is waking up. New people are coming in and the older residents are being brought to a realization of the existing conditions and to an appreciation of existing opportunities. People are preparing to build better roads, to make more substantial improvements of very kind, to rear better livestock, produce more and better dairy products, raise more and better grain, more and better fruit. New blood does it.

A. N. Moores, who is a candidate for the nomination for representative on the Republican ticket, was asked this morning if he had announced any formal platform upon which he proposed to urge his candidacy. He replied that he had not done so, but might later make a statement supplementary to the simple declaration already on file, and, jokingly added, "It occurs to me that it is scarcely possible, after carefully reading the different platforms prepared by the other candidates, to frame another without infringing somewhat on the copyright of some of those already published. I think, however, it would prove quite popular to accept as my slogan the famous sentiment of Col. Sellers, 'Hurray for the old flag and an appropriation!'"

**Defects of Postal System.**  
In connection with recent discussions of the defects of the postal system, an article in the Washington Post shows that the government is paying \$40,000,000 a year to the railways for carrying the mails, as well as \$40,000,000 a year for postal cars, with absolutely no provision for checking the accounts turned in by the roads to the second assistant postmaster general. The mail carried over a certain line is weighed every four years, and the contract for the next four years is made on the basis of the weight shown. There is no suggestion that fraud exists in the accounting between the railroads and the postal department though the question has been raised as to whether the auditor, if the accounts were passed through his office, might not detect the more blatant cases of "padding." An instance of this sharp practice was obtained from a senator who told of the activity of a committee clerk, secretly in the pay of the railroads, who, for a number of years, had been "obliging" senators and representatives by sending out under their franks great numbers of the "Agricultural Year Book" and "Discussions of the Horse." These literally weighty volumes, it was discovered at last, were always sent at the time when and over a road on which the quadrantal weighing was being done.—New York Evening Post.

**Sure Cure for Piles.**  
Itching pile produce moisture and cause itching, this form, as well as blind, bleeding or protruding piles are cured by Dr. Bo-sank's Pile Remedy. Stops itching and bleeding. Absorbs tumors. 50c a jar at druggists, or sent by mail. Treatise free. Write me about your case. Dr. Bo-sank, Philadelphia, Pa.

## ACTIVELY AT WORK

FORMER VICTIM OF ATAXIA NOW FREE FROM SUFFERING.

Dr. Williams' Pink Pills Produced Results That Astonished the Doctors in this Case.

The sufferer from that worst of nervous diseases, locomotor ataxia, will receive no encouragement from his attending physician. If possible, he will be kept in ignorance of his real trouble. The only promise of relief or cure is held out by Dr. Williams' Pink Pills and that promise is based entirely upon results already achieved.

Physicians seldom object to a locomotor ataxia patient trying these pills. There is no hope for him anyway, they say; he might as well take one thing as another. And the number of ataxia people who have tried Dr. Williams' Pink Pills, and who have either been permanently cured or so greatly benefited that they were able to resume their daily work and live free from the agonizing pains of the disease is astonishingly large.

Mr. James H. Watkins, of 72 West 10th street, Albany, N. Y., was given up to die. He is now actively at work every week day and he gives the following account of this apparent miracle:

"The doctors told me I had locomotor ataxia, and they told my wife that in a few months I would become helpless. They made it pretty plain to her that people who had that trouble got steadily worse but never better. Besides I knew I had that disease because I recognized the symptoms myself.

"The first indications were a stiffness about the knee joints. A few months after that appeared, my walk got to be uncertain, shaky-like, I lost confidence in my power to control the movements of my legs when I was on my feet. Once, when I was in the cellar, I started to pick up two scuttles of coal, and my legs gave way suddenly and I tumbled all in a heap. Another time I came down in the same way in the parlor. I couldn't close my eyes and keep my balance to save my life. Then I had fearful pains over my whole body and I lost control over my kidneys and my bowels.

"Sometimes I was so weak that I had to keep my bed for a couple of weeks at a time and my weight fell off 20 pounds. Things looked pretty bad for me until I ran across a young man who had been cured by Dr. Williams' Pink Pills and who advised me to try them.

"I didn't see much improvement until I had used six boxes. The first benefit I noticed was a better circulation and a picking up in strength and weight. I gradually got confidence in my ability to direct the movements of my legs and in a few months all the troubles had disappeared.

"I now walk wherever I want to walk to my office every day and do the work of a well man. I can close my eyes and stand up all right. My bowels and kidneys are under perfect control and the pains are gone. Few men can get across the slippery street quicker than I can. Sometimes when I have rushed safely across I stop for a moment and tremble at the bare recollection of the weakness that once made such a crossing impossible. I have scarcely any other reminders of my old affliction."

Mr. Watkins has recommended Dr. Williams' Pink Pills to other sufferers in Albany and they have also become advocates of the remedy. Physicians who have heard of these wonderful results have been astonished.

Dr. Williams' Pink Pills for Pale People have cured the worst of nervous disorders such as locomotor ataxia, partial paralysis and St. Vitus' dance, because they furnish the nerves, through the blood, with the elements necessary to vitalize them. There is no mystery about the process. The nerves get all their nourishment from the blood. Dr. Williams' Pink Pills actually MAKE new blood. In this way they have cured nervous disorders as well as blood diseases such as rheumatism, anemia, chlorosis, etc., caused by debility such as indigestion, nervousness, insomnia and a host of common troubles. They are guaranteed to be absolutely harmless to the most delicate constitution.

At all druggists or direct by mail from the Dr. Williams Medicine Company, Schenectady, N. Y., 50 cents per box; six boxes for \$2.50. Sent post paid on receipt of price.

Steamers Pomona and Altosa leave for Portland Monday, Wednesday and Friday, at 10 a. m. Tuesday, Thursday and Saturday at 9 a. m. Leave for Corvallis Tuesday, Thursday and Saturday about 6:30 p. m. For Albany daily except Sunday about 6:30 p. m.

**M. P. Baldwin, Agt**

## We Are Out For Business

AND WE GET IT. REASONS ARE PLAIN. WE HAVE OUR OWN GRINDING PLANT. WE USE ONLY FIRST-CLASS LENSES. WE CARRY ONLY FIRST-CLASS MOUNTINGS AND FRAMES. OUR EXPERIENCE IS OF 28 YEARS PAST WE ARE GRADUATES OF THE BEST OPTICAL SCHOOLS IN NEW YORK, CHICAGO AND PHILADELPHIA; POST-GRADUATE OF BEST SCHOOLS IN NEW YORK CITY. OUR METHOD IS NEW, OUR INSTRUMENTS ARE THE LATEST AND COSTLIEST, OUR TESTS ARE ACCURATE AND QUICKLY MADE, AND OUR PRICES ARE THE LOWEST. ENDORSED BY THE MOST PROMINENT PHYSICIANS OF THIS COUNTRY. OUR "KEEP STRAIGHT" EYE GLASSES AND NEW MODEL "SURE ONE" ARE THE BEST MADE, AND WILL NOT COME OFF IN WARM WEATHER. BIFOCAL LENSES OF THE NEATEST AND BEST MAKE. NEXT TIME YOUR EYES NEED ATTENTION COME TO US, WE ARE BETT PREPARED TO GIVE YOU PROPER ADVICE.

## Chas. H. Hinges

New Jewelry and Optical Store  
123 Commercial St. Next to Capital National Bank.

### Drawbacks of Cleanliness.

The want of cleanliness is frequently referred to as an exciting cause, but this alone will not cause any form of inflammation upon a normal skin. While an acting assistant surgeon United States army, for a number of years, I had occasion to come in contact with a number of Indians (the filthiest race with which I am acquainted), and I never saw a case of eczema among them. In hospital practice in New York city, Chicago, Louisville, Ky., and in this city, I have had occasion to treat many negroes and have found they are not as prone to the disease as the white race.

Though soap will remove the dirt, it makes the cuticle more sensitive by thinning the outer layer and depriving it of its natural oiliness. I would not be misunderstood as advocating uncleanliness, but simply to emphasize the fact that the overuse of soap and water are harmful. We are all familiar with the patients who can submit to any kind of treatment except being deprived of their daily bath, even those who must have two full length baths every day. Fortunately we know that the majority of these people are simply posing before the doctor to show that they are more cleanly than "common folks" and then, "too, it is so very English." (I actually saw an Englishman skeleton his private car on the Northern Pacific railroad, delaying his journey several hours so he could "take his tub.") Water, as a rule, is poisonous to an eczematous skin, and should be avoided as much as possible while the cuticle is acutely inflamed. Von Hartlingen declares that "The immediate declaration against personal uncleanliness as an almost universal cause of skin disease, which is too common, not only among superficial writers, but among physicians who ought to know better, would in many cases be better replaced by a caution against excessive ablution."—Dr. Jas. C. McGuire in Medical Record.

### Gives Health, Vigor and Tone.

Herbine is a boon for sufferers from anemia. By its use the blood is quickly regenerated and the color becomes normal. The drooping strength is revived. The languor is diminished. Health, vigor and tone predominate. New life and happy activity results. Mrs. Belle H. Shriel, Middleborough, Ill., writes: I have been troubled with liver complaint and poor blood, and have found nothing to benefit me like Herbine. I hope never to be without it. I have wished that I had known of it in my husband's life time. 50c. For sale by D. J. Fry.



## WHICH

do you prefer? Cheap printing, or good, clean catchy printing, cheap?

We do the latter kind

**N. D. ELLIOTT**

Phone Main 1243 225 S. Commercial St.

## Better Think It



## Rocky Mountain Tea Nuggets

A Bony Medicine for Bony People. Brings Golden Health and Renewed Vigor. A specific for Constipation, Indigestion, Liver and Kidney Troubles, Pimples, Eczema, Impure Blood, Bad Breath, Stomach Disorders, Headache and Backache. It's Rocky Mountain Tea in tablet form. 25 cents a box. Genuine made by HOLLISTER DRUG COMPANY, Madison, Wis.

## Liberty Store

FOR YOUR HENS

Oyster shells,  
Oil meal,  
Bone meal,  
Shorts, Bran, and  
Wheat  
Always on hand.  
Shorts ..... 95c  
Bran ..... 70c  
For Sale.  
**E. W. SMITH, Prop**

## Low Prices For Good Groceries

1 box 20 bars good soap ..... 50c  
7 cans tomatoes ..... 50c  
7 cans corn ..... 50c  
1 lb can Miner's good chocolate. 25c  
3 cans good oysters ..... 25c  
1 gallon good catsup ..... 50c  
1 pt bottle Griffin's ext. catsup. 15c  
Good broken rice, per pound .... 5c  
7 pounds good beans ..... 25c

## A. L. Harvey

Fine Groceries.  
CORNER COURT AND HIGH STS.  
PHONE 216.

## HOTEL OREGON

Corner of Seventh and Stark Streets, Portland, Oregon.  
The new and modern hotel of the city caters particularly to residents of Salem and other Oregon cities. European plan. Free bus. Rates \$1.00 per day and upward. Handsomest grill in the West, and prices as low as in places less attractive. Daily Capital Journal on file.  
**WRIGHT-DICKENSON HOTEL CO.**

## Jewelry Goodness

We buy from the best manufacturers. It is our intention to sell the highest grade of jewelry. If a ring, a pin, a watch or any article of jewelry whatever goes from here which isn't as represented, we are here to give satisfaction—to make amends. We want your jewelry trade—we shall try to deserve it.

**C. T. POMEROY**

Jeweler and Optician, 318 State St.